

NirvaanAshtakam

1 I am neither the mind, nor the intellect, nor the ego, nor the mind-stuff:

I am neither the body, nor the changes of the body;
I am neither the senses of hearing, taste, smell or sight,
I am Existence Absolute, Knowledge Absolute, Bliss Absolute -
I am He, I am He. (Shivoham, Shivoham).

2 I am neither the Prana, nor the five vital airs;
I am neither the materials of the body, nor the five sheaths;
Neither am I the organs of action, nor the object of the senses;
I am Existence Absolute, Knowledge Absolute, Bliss Absolute -
I am He, I am He. (Shivoham, Shivoham).

3 I have neither aversion nor attachment, neither greed nor delusion;
Neither egotism nor envy, neither Dharma nor Moksha;
I am neither desire nor objects of desire;
I am Existence Absolute, Knowledge Absolute, Bliss Absolute -
I am He, I am He. (Shivoham, Shivoham).

4 I am neither sin nor virtue, neither pleasure nor pain;
Nor temple nor worship, nor pilgrimage nor scriptures,
Neither the act of enjoying, the enjoyable nor the enjoyer;
I am Existence Absolute, Knowledge Absolute, Bliss Absolute -
I am He, I am He. (Shivoham, Shivoham).

5 I have neither death nor fear of death, nor caste;
Nor was I ever born, nor had I parents, friends and relations;
I have neither Guru nor disciple;
I am Existence Absolute, Knowledge Absolute, Bliss Absolute -
I am He, I am He. (Shivoham, Shivoham).

6 I am untouched by the senses, I am neither Mukti nor knowable;
I am without form, without limit, beyond space, beyond time;
I am in everything; I am the basis of the universe; everywhere am I.
I am Existence Absolute, Knowledge Absolute, Bliss Absolute -
I am He, I am He. (Shivoham, Shivoham).

(translation of 6 stanzas..... by Swami Vivekananda)